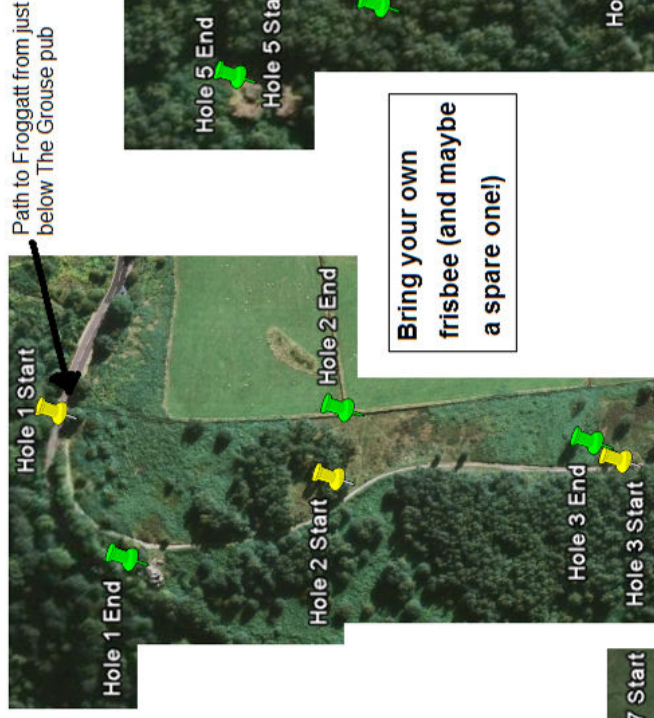




- Hole Start
- Hole End
- Shared Start and End



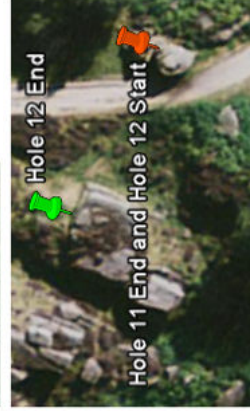
**Bring your own
frisbee (and maybe
a spare one!)**



Park at The Grouse Inn, the car park on the side of the road just below it or on the sharp bend even further. The course starts at a gate just down the road on the left.

The Grouse Inn is open for food during the week between 6:15 and 9:00.

Only soft/medium plastic frisbees should be used to prevent damage to trees and rocks.



Gates - small on left,
large on right



**To work out the
distances, a long
pace is normally
just less than 1
metre.**



Froggatt crag pinnacle

**If you lose a frisbee or it falls off a cliff, you can
restart from the previous position but add an extra
throw to your score to do so.**

Frisbee Golf Course - Froggatt Edge

Frisbee Golf works much like regular golf. Each hole (eg a rock, tree, or something bigger than a proper golf-hole!) has a starting and ending point, and a par (the expected minimum number of throws between them). Players launch their Frisbees towards the hole, throwing again from the point it lands at until it hits the target. The winner is the person who uses the least number of throws over the whole course.